

Recommended Summer Reading

Wayne Braid
Executive Director of The Society

The World is Flat
by Thomas L. Friedman

Thomas Friedman won the Pulitzer Prize three times for his work at the *New York Times*. He is a foreign affairs columnist at that newspaper. In 1999 I read Friedman's book, *The Lexus and the Olive Tree*, about the coming globalization. His new work, *The World is Flat*, is a continuation of that book.

The author claims it isn't. This book captures what is happening in the world and helps people like me understand global economic issues and why things are happening they way they are.

He offers insights into the September 11 attack on the World Trade Centre and the non-event of Y2K and shows the profound impact on our lives of America at war and the life struggles of the people in the Middle East.

This 21st Century will unfold in ways we never dreamed. Having read this book, I feel much better equipped to understand the *whys* and the *possibilities*!

Kate Greening
Notary in Courtenay

Kris Nelscott has written a series of books about a black male detective in the USA. The first book is set in New Orleans when Martin Luther King is shot. Her books are awesome reading. You are in for a real treat. Start with ***A Dangerous Road***.

Tony DuMoulin
DuMoulin & Boskovich

Too Close to the Falls
by Catherine Gildener

Published by ECW Press of Toronto, 1999

I strongly recommend this book as a relaxing and humorous read. It is an autobiographical memoir of the author as a unique, gifted, and eccentric only child growing up in the 1950s in Lewiston, NY, a small town in western New York State, a few miles from Niagara Falls.

This hilarious, exquisitely written book vividly recalls the innocence and competitiveness of early youth. I loved it.

Janice Henshaw
Executive Director
Association of BC Land Surveyors

Made to Measure
Sono Nis Press

This popular history tells the remarkable story of the men and women who surveyed the province. Using basic equipment, surveyors endured arduous work conditions; they witnessed the tragedy of colonial impact on Aboriginal peoples; protected the interests of prospectors, settlers, and entrepreneurs; pioneered aerial technologies in the mountains; and left their names on landmarks all over British Columbia.

May be ordered from the ABCLS.
abcls@telus.net, 250 382-4323

Ann Coombs
Thought Leader and Publisher

STRETCH YOUR MIND

Boost Your Brain Power Week by Week

52 Techniques to Make You Smarter
by Bill Lucas

500 Ways to Change the World
by Global Ideas Bank

A must read! The ideas are inspiring and will bring new insights, including how to use burnout to kindle life renewal.

Teach Yourself: Beginner's Italian
by Vittoria Bowles

An illustrated course book and two-CD package with interactive exercises to make learning fun! Her series covers Zulu to Spanish.

HEALTH

The Top 100 Herbal Remedies
Safe, Effective Remedies for 100 Common Ailments
by Anne McIntyre

Great format, with an invaluable herbal first-aid section.

The Path to Phenomenal Health
by Sam Graci

Tips on how to feel great all the time using the 10 best energy-boosting foods, 21 ways to tweak your lifestyle, and 4 great tips to energize your day.

The Wellness Book
The Comprehensive Guide to Maintaining Health and Treating Stress-Related Illness
by Herbert Benson and Eileen M. Stuart

Combines modern medical treatments and the prevention and treatment of a number of illnesses.

Weights for Weight Loss
by Sam Murphy

Use strength training as part of your Summer fitness routine. Fully illustrated and motivating!

ENTERTAINING

Williams-Sonoma Entertaining: Outdoor

by George Dolese

Decorating tips and how to deal with outdoor entertaining challenges from bugs to weather. Gorgeous full-colour photographs + 50 divine recipes.

Viva Vodka

Colorful Cocktails with a Kick

by W. Park Kerr

Fifty recipes for elegant cocktails and making your own vodka infusions.

Green Mangoes and Lemon Grass

Southeast Asia's Best Recipes from Bangkok to Bali

By Wendy Hutton and Charmaine Solomon

Sumptuous book of exotic, spicy recipes from Southeast Asia. The photographs are splendid, the recipes perfect for your summer entertaining.

TRAVEL

Code Green: Experiences of a Lifetime

by Kerry Lormier

For the traveller who wants the most authentic and unique travel experience while honouring ecology and culture. The photography is stunning.

The Cities Book

A Journey Through the Best Cities in the World

by Lonely Planet

Companion to *The Travel Book*. Breathtaking look into 200 cities in the world, including myths and origins and a list of the best things to do.

GREAT WRITING

Sex With the Queen

900 Years of Vile Kings, Virile Lovers, and Passionate Politics

by Eleanor Herman

From Catherine the Great, Marie Antoinette, Tsarina Alexandra, to Queen Victoria, this is an irresistible read. Great insights into how queens lived their lives under unbearable scrutiny. A nonfiction *must* for the Summer.

The Painted Kiss

by Elizabeth Hickey

Set in Vienna, 1886, this novel tells

the story about painter Gustav Klimt and Emilie Floege. If you loved *Girl with a Pearl Earring*, you'll enjoy this story of one of the 20th century's most fascinating artists.

The Mercury Visions of Louis Daguerre

by Dominic Smith

Unforgettable story that re-imagines the life of Louis Daguerre, one of the earliest inventors of photography. Captures life in Paris during the early Bohemian period and looks at a prodigious mind undone by the mercury vapours used to cure photographic images. Magnificent first novel!

The Secret Supper

by Javier Sierra

If you are ready for something that goes well beyond *The DaVinci Code*, this well-researched book tells the story of the investigation on Leonardo DaVinci's "The Last Supper." Pope Alexander VI is set on executing Leonardo, given the missing elements in the painting—there's no Holy Grail, Eucharistic Bread, or meat on the table. And it depicts apostles who were well-known heretics. Read this and you'll see the painting in a new light. Now being published in 35 countries.

In The Company of the Courtesan

by Sarah Dunant

Wonderfully drawn novel that takes place in Venice during the 16th-century Renaissance. Full of visual and sensual pleasures. From the author of the bestselling novel, *The Birth of Venus*.

The Josephine B. Trilogy

by Sandra Gulland

Three acclaimed novels tell the story of Josephine Bonaparte and her passionate relationship with Napoleon. Historical fiction at its best!

Suite Francaise

by Irene Nemirovsky

Translated by Sandra Smith

Breathtaking novel about life in wartime France during the German

occupation. The author died in Auschwitz in 1944; her daughters escaped with the notebooks containing this novel. Through unforgettable characters, we witness hope and the essence of the human spirit.

The Highest Tide

by Jim Lynch

A coming-of-age story that brings forth the mysteries of the ocean. A timely, insightful, and truly magical read.

MYSTERY AND HUMOUR

The Italian Secretary

by Caleb Carr

Brilliant, well-written story of a plot against Queen Victoria's life, strangely similar to the murder 300 years earlier of the Italian secretary to Mary, Queen of Scots. Commissioned by the estate of Sir Arthur Conan Doyle—a real tribute to Carr's inventive writing.

P.S. Don't Tell Your Mother

by Margo Bates

Nana Noonan is something of a local legend in Canada's Pacific Northwest. She lived in the small town of Telkwa (pop. 852) on the Bulkley River, BC, in the late '50s and early '60s. A delightful read.

CHILDREN

The Butterfly Garden

by Sue Harris

Illustrated by Stephanie Boey

Beautifully illustrated lovely story of Tabby Cat and her friends as they search for butterflies. Lift-up flaps allow discovery of creatures in the garden with lots of sparkling surprises.

Tree-Ring Circus

by Adam Rex

Really fun! Full of great illustrations and a story that stretches the imagination.

Asian Kites

by Wayne Hosking

Build amazing kites! Includes full-colour illustrations, photographs, and diagrams to make it simple. ▲