

# Tuesday is Most Productive Day of Workweek

What's the best way to get something done quickly? Ask someone to do it on Tuesday.

More than half (54 percent) of Canadian executives surveyed recently said employees hit peak performance on Tuesdays. The survey, conducted by an independent research firm, included responses from 100 executives in Canada's 1,000 largest companies.

Executives were asked, "In your opinion, on which day of the week are employees generally most productive?"

|                       |     |
|-----------------------|-----|
| Monday:               | 21% |
| Tuesday:              | 54% |
| Wednesday:            | 15% |
| Thursday:             | 2%  |
| Friday:               | 2%  |
| Don't know/no answer: | 6%  |

"It's natural for activity levels to fluctuate throughout the

course of a week," said Max Messmer, chairman of Accountemps and author of *Motivating Employees For Dummies*® (Hungry Minds, Inc.). "By learning to identify normal peaks and valleys in staff productivity, managers can provide additional motivation when it is needed most."

Mondays can be hectic because there are frequently more meetings scheduled. By Tuesday, employees may be better focused on day-to-day responsibilities. As the weekend nears, productivity clearly is impacted—a sign that workers may need closer guidance or an extra morale boost to keep projects on track.

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